# Erasmus+ traineeships 2024/2025 organisational meeting



# 16.01.2025, Wrocław







**Application procedure** 

Upon arrival to partner University/Institution After departure to home university

**Final remarks** 

## Financing of the mobility:

- ✓ minimum stay with possibility of with the possibility of increasing financing if there are funds available
- $\checkmark$  traineeship may be carried out once in a given recruitment
- ✓ scholarship 13 points, medium grade to 4,0 (16.01.2025)

### **Deadlines:**

- Place offered by the university, individual place until 10 February
- Place not found yet:
- ✓ Traineeships during studies until 31 March
- ✓ Traineeships after studies until 30 September

### Type of traineeships:

- ✓ Long-term 2 months (9 weeks)
- ✓ Short-term from 5 to 30 days with obligatory virtual element





# Filling in documents:

1. step: checking website of the host university (nominations have been sent already) 2. step: filling in documents LEARNING AGREEMENT FOR TRAINEESHIPS (LA)

Personal data form and bank account form (FOB) <u>https://www.umw.edu.pl/pl/</u> erasmus/wyjazdy-na-praktyki

Other documents required by host side (e.g. application form, accommodation form, transcript of records, language certificate, copy of passport or ID, photo, proof of incurance, CV, etc.), <u>if applies</u> 3 krok: sending documents LA (I stage), FOB by e-mail to slawa.ksenycz@umw.edu.pl

LA by e-mail to host institution

4. step: send LA (II stage) accepted by host University before the contract is signed

### ATTENTION:

✓ LA I stage – signed by student and faculty coordinator of home university

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✓ LA II stage- signed by all sides

Deadline: until 10 February or in case of students who have not found place yet (traineeships during studies – until 31.03., traineeships after studies: 30.09.)

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To be filled in: part I (data of the student, home university, host institution) + "BEFORE THE MOBILITY" (part A, B, C) Before filling in LA please read "Guidelines on how to use the Erasmus+ Learning Agreement for Traineeships" https://www.umw.edu.pl/sites/default/files/2022-10/he-guidelines-learning-agreement-for-traineeships-.docx and check websites

#### **Table A - Traineeship Programme at the Receiving Organisation/Enterprise**

Planned period of the mobility: from [month/year] ..... till [month/year] ..... full two months

If applicable, planned period of the virtual component: from [month/year] ...... to [month/year] ...... obligatory virtual element

Traineeship title: e.g. Training in internal medicine, surgery, gynaecology

Number of working hours per week: 30-35 hours

#### Detailed programme of the traineeship period (including the virtual component, if aplicable):

Internal medicine: 5 weeks, Surgery: 2 weeks

#### Gynaecology: 2 weeks

Practice at clinical departments: clinical history, patient examination, evaluation of laboratory and diagnostic findings, diagnosis, differential diagnosis, studying diseases and their therapy. Participation in everyday clinical work: on the wards, in rounds, consultations, in the operating theaters, outpatient care, laboratory and imaging diagnostic units, as applicable to discipline. Playing an active part in the care of patients and gradually acquire knowledge and competence in relevant clinical and laboratory techniques.

#### Table A cd.

Knowledge, skills and competences to be acquired by the end of the traineeship (expected Learning Outcomes): Improvement of clinical experience and clinical practical skills in the above mentioned fields.

Monitoring plan: Tutor's supervision; regular monitoring and evaluation of the activity of the student by the receiving and sending institution.

**Evaluation plan:** Final traineeship certificate.

The level of language competence in \_\_\_\_\_ [indicate here the main language of work] that the trainee already has or agrees to acquire by the start of the mobility period is: A1  $\Box$ A2 B1 B2 C1 C2 Native speaker For the Common European Framework of Reference for Languages (CEFR) see

http://europass.cedefop.europa.eu/en/resources/europeanlanguage-levels-cefr

### **Table B - Sending institution**

Please use only one of the following three boxes:

to choose from: obligatory training, not obligatory training, training after studies

Please contact faculty coordinator if necccessary

Accident insurance for the trainee. Answer "Yes" (students have to obtaing the incurance themselves).

#### Table C - Receiving **Organisation/Enterprise**

To be filled in by receiving institution (salary, incurance).





# Virtual component:



The virtual component must provide a space for learners to work together and simultaneously online on specific tasks that form part of the practice and contribute to the overall practice outcomes.

For short-term internships the virtual component is mandatory.









# Responsible person at the Sending Institution

Signature

Supervisor at the Receiving Organisation

Signature

✓ LA I stage – signed by student and faculty coordinator of home university
 ✓ LA II stage (before the contract is signed) - signed by all sides





## **Before leaving:**

signing the contract (May or depending of the period of the mobility) optional language test on-line on platform Online Language Support (OLS):

https://www.umw.edu.pl/pl/eras mus/wsparcie-jezykowe-onlinelanguage-support-ols

### Language courses:

- language courses on-line (OLS)

 refund of language courses taking place before the academic year starts excluding English,
 French and German (amount: 560 PLN – refund after signing the contract and reaching the university; invoice addressed to UMW)

obtaining a certificate of Erasmus+ status if required by host university insurance: European Health Insurance Card (EHIC) – health insurance, EUR26 or ISIC card with third party and accident insurance, other





# Funding I:





Scholarship	<ul> <li>Long-term mobility:</li> <li>Group 1 – Austria, Belgium, Denmark, Finland, France, Irleand, Island, Lichtenstein, Luksemburg, Netherlands, Germany, Norway, Sweden, Italy and countries not associated to the Programme from region 13 and 14: 820 EUR</li> <li>Group 2 – Cyprus, Czech Republic, Estonia, Greece, Spain, Latvia, Malta, Portugal, Slovakia, Slovenia: 820 EUR</li> <li>Group 3 – Bulgaria, Croatia, Lithuania, North Macedonia, Poland, Romania, Serbia, Türkiye, Hungary: 750 EUR</li> <li>Short-term mobility: 79 EUR per day from 5 to 14 and 56 EUR per day between 15 and 30 day</li> <li>Countries region 13: Andorra, Monaco, San Marino, Vatican; countries region 14: Switzerland, Great Britain, Faroe Islands</li> </ul>
International mobility (countries not associated to the Programme)	• One amount 700 EUR
Extra funds for students who meet the definition of "people with fewer opportunities" (students receiving a social scholarship, students with disabilities)	<ul> <li>250 EUR/month: per month for long-term mobility and EUR 100/EUR 150 for short-term mobility: https://www.umw.edu.pl/erasmus-uczestnicy-z-mniejszymi-szansami</li> </ul>
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### Funding II – travel cost NEW:





Travel distance	Green travel	Non-Green travel
10 - 99 km	56€	28€
100 - 499 km	285€	211€
500 - 1999 km	417€	309€
2000 - 2999 km	535€	395€
3000 - 3999 km	785€	580€
4000 7999 km	1188€	1188€
8000 km or mre	1735€	1735€

Attention! The amounts in the "standard trip" and "green travel" columns are not added up.

The distance calculator available on the website is used to calculate the travel distance:

http://ec.europa.eu/programmes/erasmus-plus/tools/distance en.htm.

For trips up to 499 km participants should use low-emission means of transport.

In justified cases, participants are entitled to receive individual support to cover costs subsistence during travel before and after the start of the activity (according to flat rates listed in the section on individual support):

■ for participants receiving a lump sum for a standard trip, it is a maximum of individual support for 2 days travel

■ for participants receiving the "green travel" lump sum, this is a maximum of individual support for a 6-day trip





Współfinansowane przez Unię Europejską

## TRAVEL COSTS APPLY TO ALL TYPES OF MOBILITY



### **Funding III – green travel:** Travel using low-emission type of transport such as bus, train or carpooling. Rules available at: <u>https://www.umw.edu.pl/pl/erasmus/erasmus-informacje-ogolne</u>

1. Students, doctoral students and graduates applying for a lump sum for travel costs resulting from travel on more than half of the route (on its larger part) - counting the round trip, using lowemission means of transport (so-called "green travel"), submit to the International Cooperation Department a declaration of the planned journey, indicating the means of transport. The declaration template is available on the website.

2. The lump sum will be paid together with the remaining components of the Erasmus+ scholarship in accordance with the submitted declaration according to the template and applicable rates.

- 3. The declared method of getting to the place is confirmed upon return in the following way:
- 1) persons traveling by public transport (e.g. bus, train) are obliged to submit copies of invoices/tickets confirming the journey;
- 2) persons traveling together by car with a person from the UMW who is also going on a scholarship are obliged to submit a declaration according to the template.
- 4. If the trip is not confirmed, the student will be asked to refund the amount resulting from the "green travel" entitlement.
- 5. The travel distance will be calculated based on the "distance calculator":
- https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator
- 6. Green travel may be granted an additional maximum of two travel days before and after the start of mobility:
- 1) for trips 0 1500 km 1 additional day;
- 2) for trips from 1,501 km 2 additional days.





### Next steps:



# **Upon arrival to host institution:**

sending "certificate of arrival" (by mail
 <u>https://www.umw.edu.pl/erasmus-praktyki</u>
 sending changes to learning agreement ("Section to be completed DURING THE MOBILITY"), <u>if applies</u>

# After departure to home university:

submitting a report on-line (e-mail will be sent by the system)
 language test on-line (not obligatory)
 delivering document - traineeship certificate – part D "after the mobility" in Learning Agreement for Traineeships; dates – 2 full months in terms of long-term mobility; scan is accepted)
 Indywidual recognition of obligatory placement









## **Final remarks:**

LEARNING AGREEMENT FOR TRAINEESHIPS: do not leave empty place, before the mobility fill in only "Section to be completed BEFORE THE MOBILITY"

please inform us when you decide to quit

International mobility (countries not associated to the Programme) only with University which has the agreement with UMW

Recent graduate may

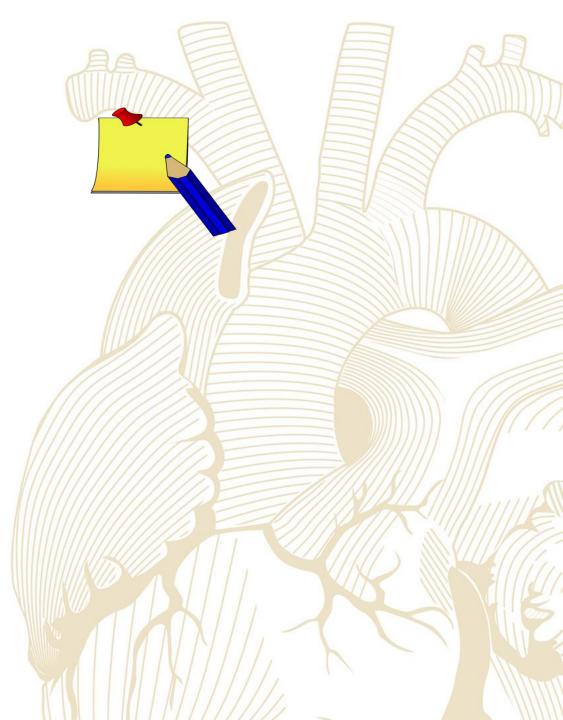
implement placement after

graduation

please answer to our emails contract can be signed after approval of learning agreement by host university/institution







Contact:

Institutional Coordinator
 Outgoing students
 Sława Ksenycz <u>slawa.ksenycz@umw.edu.pl</u>

Incoming students
Dominika Lucińska <u>dominika.lucinska@umw.edu.pl</u>

Uniwersytet Medyczny im. Piastów Śląskich we Wrocławiu Dział Współpracy Międzynarodowej ul. T. Chałubińskiego 6a 50-368 Wrocław tel: +48 71 784 16 85

https://www.umw.edu.pl/pl/erasmus/wykaz-koordynatorow





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