Bloodborne viruses

blood-borne viruses

sepsis of viral etiology

viral hemorrhagic fevers

VIREMIA

Types of the presence of viruses in the blood:

PRIMARY SECONDARY



rabies virus

CHOLERA



ACTIVE PASSIVE

infectious material - risk of potential infection

- high risk material blood, vaginal secretions
- semen low risk material CSF and fluids: synovial, pleural, peritoneal, pericardial, amniotic very
- low risk material feces, urine, saliva, sputum, nasal secretions, tears, sweat

CAUTION! the risk increases when blood is present in the above biological materials

Any contact with someone else's blood carries a potential risk of infection

Transmission of pathogenic microrganisms: **direct** : with fresh blood **indirect** : through dried blood on objects

The most common blood-borne pathogens HBV, HCV, HDV, HIV and Ebola virus



Survival of viruses outside the body according to the CDC

- HBV can survive outside the body for at least 7 days. During this time, the virus can still cause infection if it enters the body of a person who is not infected
- HIV does not survive long outside the human body (e.g. on surfaces) and cannot reproduce outside the human host (a matter of minutes or hours, depending on conditions)
- HCV at room temperature, on environmental surfaces, up to 3 weeks. Its survival depends on the ambient temperature (in a liquid environment, HCV could be detected for up to 5 months at lower temperatures)

General principles of conduct after contact with infectious material

Percutaneous exposure

- -Do not stop or squeeze out the blood
- -Rinse the wound/puncture thoroughly under running water and wash with soap
- -Do not use alcohol-based disinfectants
- -Protect the injured area with a dressing
- Splashing of mucous membranes
- Wash thoroughly with a large amount of water or physiological saline solution

Follow the procedure for occupational exposure (who should be notified in the event of a possible exposure to infectious material)

Zarządzenie nr 233/XVI R/2021 Rektora Uniwersytetu Medycznego we Wrocławiu z dnia 1 października 2021 r. w sprawie wprowadzenia dla pracowników i studentów, doktorantów oraz uczestników wszystkich form kształcenia podyplomowego "Procedury postępowania po ekspozycji zawodowej na zakażenie wirusem HIV, HBV, HCV"

załącznik nr 1 – Procedura postępowania po ekspozycji zawodowej na zakażenie wirusem HIV, HBV, HCV załącznik nr 1 do Procedury – potwierdzenie zapoznania się z procedurą

załącznik nr 2 do Procedury - skierowanie do szpitala załącznik nr 3 do Procedury - oświadczenie/zgoda od osoby źródłowej

załącznik nr 4 do Procedury – zlecenie na wykonanie badań (materiał osoby źródłowej)

załącznik nr 5 do Procedury – oświadczenie/zgoda osoby eksponowanej

załącznik nr 6 do Procedury – karta zgłoszenia ekspozycji zawodowej załącznik nr 7 do Procedury – zgoda osoby eksponowanej na zastosowanie profilaktyki poekspozycyjnej załącznik nr 8 do Procedury – zlecenie na wykonanie badań (materiał osoby eksponowanej) załącznik nr 2 – Rejestr ekspozycji zawodowych



https://www.umw.edu.pl/pl/informacje-ogolne-dlastudentow/profilaktyka-poekspozycyjna

Risk of infection transmission following occupational exposure



HBV

- Risk 6-30% depending on the status of the "e" antigen (HBeAg) and the level of HBV viremia in the source patient with confirmed infection
- vaccinated individuals who have developed immune antibodies - are not at risk of infection

Acute infection







Hepatitis B virus (HBV)

source person	exposed person
If possible, HBsAg should be determined in the source patient	Both HBsAg and anti-HBc are tested
	In a vaccinated person, post-vaccination anti-HBs antibodies are additionally determined
	after 6 months, it is recommended to test HBsAg and anti-HBc in the exposed person

In prophylaxis, the HBV vaccine and HBIG, i.e. anti-HBs antibodies (anti-HBs immunoglobulin) or both agents are used simultaneously. Prophylaxis should be started as soon as possible, preferably within 24 hours of exposure, no later than within 7 days.

Hepatitis C virus (HCV)

- The risk of HCV infection after exposure to blood is relatively low, 2–4% after a needle prick and below this percentage after contact through mucous membranes.
- There is no anti-HCV serum or vaccine for HCV, so specific post-exposure prophylaxis is not possible
- The doctor orders tests for a possible, existing and unrecognized HCV infection in the exposed person. If the result is positive, it means that the person being tested requires further specialist tests
- In the case of a negative result, the possible presence of the virus in the blood should be assessed again after 5–6 weeks using a molecular test (RT PCR) or after 6 months, by determining the concentration of anti-HCV antibodies and ALT enzyme activity.

Human immunodeficiency virus (HIV)

The risk of HIV infection is assessed by a specialist in infectious diseases.

The risk of HIV infection is assessed based on the type of exposure, infectious material and, if possible, the condition of the source patient.

People infected with HIV who regularly take anti-HIV drugs and whose viral load is undetectable in control tests are not infectious to others.

the doctor orders an HIV test for the exposed person and the source person (if their infection status is unknown and there is a possibility of taking a blood sample for testing)

risk :

0.3% through damaged skin

0.1% through mucous membranes

HIV post-exposure prophylaxis

IF there are grounds for specific HIV prophylaxis, it is implemented as soon as possible. Ideally within 1–2 hours of exposure, but no later than 48 hours, and exceptionally after 72 hours. The treatment involves taking a combination of 3 drugs for 28 days.

A person offered such post-exposure prophylaxis is required to sign a consent form for treatment after receiving appropriate information on potential benefits and adverse effects.

During treatment, the patient undergoes medical and laboratory monitoring. The first is performed after 2 weeks. Control serological tests for HIV infection should be performed after 2 and 4 months of exposure. Control tests for the presence of HIV in the blood (HIV RNA) are not recommended.

Until HIV infection is ruled out, the exposed person should be considered potentially infectious. To reduce the risk of potential infection of other people, they should avoid risky behaviors

sepsis of viral etiology

Sepsis is a life-threatening organ dysfunction caused by a dysregulated host response to infection

Septic shock is a subset of sepsis in which particularly profound circulatory, cellular, and metabolic abnormalities are associated with a greater risk of mortality than with sepsis alone

sepsis of viral etiology

Up to 42% of sepsis cases are culture negative on standard media (non-bacterial cause?)

The incidence of viral sepsis is unknown and there is insufficient information to make an accurate estimate

Table 1 Examples of key PAMPs and DAMPs in sepsis pathophysiology.

PRR Origin PAMPs (Diacyl/triacyl) lipopetides Gram-positive/Gram-negative bacteria TLR1,TLR2,TLR6 LTA Gram-positive bacteria TLR2 Peptidoglycan Gram-positive/Gram-negative bacteria TLR2 Double-stranded RNA virus dsRNA TLR3, RIG-1 LPS Gram-negative bacteria TLR4 Flagellin Gram-positive/Gram-negative bacteria TLR5 Singe-stranded RNA virus TLR7, TLR8 ssRNA TLR9 CpG DNA Bacteria DAMPs

Can viruses cause sepsis?

PAMPs: pathogen-associated molecular patterns; PRR: pattern-recognition receptor DAMPs: damage-associated molecular patterns

Almost any virus can cause sepsis in vulnerable patients (e.g., neonates, infants, and other immunosuppressed groups) Despite this, diagnosis of viral sepsis remains very rare

Normal immune response



Which viruses are a leading cause of sepsis?

INFLUENZA VIRUSES

are a major cause of severe infection²

About 60% of mortality from seasonal influenza occurs in people older than 65 years of age.²

Influenza A and B viruses cause seasonal and non-seasonal outbreaks worldwide.²



DENGUE VIRUSES

are a leading cause of sepsis in some tropical countries²

Dengue virus is one of the most widespread viruses transmitted by mosquitos.²

Symptoms Include:⁴ Fever Severe Headache Joint/Muscle Pain

HERPES is the leading cause of NEONATAL SEPSIS²

Fast Fact:

In newborns, Herpes simplex virus (HSV) can cause three types of disease: skin, eye and mouth disease, encephalitis, and disseminated disease. Disseminated HSV disease is the most severe form of HSV infection, with a

	Clinical syndromes	Epidemiology	Risk factors for sepsis	
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Enterovirus	Sepsis-like illness Myocarditis Encephalomyelitis Pulmonary oedema or haemorrhage	Incidence: 37% of young infants (<90 days of age) with sepsis ^a and without signs of localised infection Mortality of neonatal enteroviral sepsis: up to 42%	Lack of maternal antibodies Maternal infection just before or at delivery Neonatal infection with echovirus 6, 9, 11, 19 or coxsackievirus B2–B5 Enterovirus A71 infection in young children	
HPeV	Sepsis-like illness Meningoencephalitis	Incidence: 15% of young infants (<90 days of age) with sepsis ^a and without signs of localised infection	HPeV3 infection (compared with infection with other types of HPeV)	
Influenza virus	ARDS Myocarditis Encephalopathy	Incidence: 1 million cases of severe respiratory infections in children <5 years of age worldwide annually Mortality: 290,000–650,000 respiratory deaths worldwide annually (all age groups)	People of extreme age (<5 or >65 years) Immunosuppression Pregnancy Influenza A (H3N2) virus infection (compared with influenza A (H1N1) or B virus infections)	
Dengue virus	Severe dengue ^b	Incidence: 58–96 million symptomatic dengue	Previous dengue infection (with a different	
	Deligue Slock	severe disease worldwide annually; 8% of sepsis cases ^c in Southeast Asian Mortality: 9,000–24,000 deaths worldwide annually	Viral sepsis - etiology Neonates - HSV and enteroviruses Young children - enteroviruses (Coxsackie, EC	CHO, EV71) and parechoviruses (HPeVs)
Adenovirus	Disseminated disease Meningoencephalitis Severe pneumonia	Disseminated disease in children Incidence: 2.5% of adenovirus infection Mortality: 55%	All age groups – influenza viruses (young child immunosuppression (particularly allogeneic HSCT) Young children Infection with adenovirus serotypes 3 and 7	dren, elderly, pregnant women, immunosuppresse

Coronaviridae



▶ J Family Med Prim Care. 2022 Jan 31;11(1):10–17. doi: <u>10.4103/jfmpc.jfmpc_839_21</u> ☑

SARS, MERS and CoVID-19: An overview and comparison of clinical, laboratory and radiological features

<u>Manas Pustake</u> ^{1,⊠}, <u>Isha Tambolkar</u> ², <u>Purushottam Giri</u> ³, <u>Charmi Gandhi</u> ¹

VHFs – Viral Hemorrhagic Fevers

Viral Hemorrhagic Fevers (VHFs)

- A group of diseases that are caused by several distinct families of viruses
- VHF severe multisystem syndrome with microvascular instability, capillary leak, and impaired homeostasis, which may lead to shock

VHFs common characteristics

- Enveloped ssRNA viruses
- Tropism to dendritic cells and macrophages
- Sporadic cases or outbreaks
- Both genders and all age groups affected
- Generally asymptomatic or flu-like symptoms
- Severe cases associated with high levels of virus in blood
- Geographically restricted by the presence of natural hosts these viruses are zoonotic and maintained in nature in mammals

VHF

NOT ARBOVIRUSES ARBOVIRUSES Reovirus Flaviviruses Bunyaviruses **Bat viruses Rodent viruses** Tick-Tick-Mosquito-Mosquito-Bunyavirus Arenaviruses Filoviruses borne borne borne borne Lassa fever Yellow Congo-**Rift Valley** Colorado Ebola South Crimean Hantavirus fever Marburg American fever **Tick virus** VHF Dengue VHF **VECTORS RESERVOIRS**

VHFs clinical features

- Spectrum from mild or asymptomatic infection to severe vascular permeability with shock, MOSF, and death
- Clinical presentation may differ for each VHF as it progress
- Incubation period: days to weeks (2-21 days)
- Symptoms: fever, general malaise, anorexia, headache, myalgia, arthralgias, sore throat, chest pain
- GTI features: nausea, vomiting, abdominal pain (tenderness), diarrhea (may become bloody) or constipation
- Conjunctival hemorrhage
- Skin rash: maculopapular, petechial
- Severe hemorrhages (but in severe cases)
- Hepatic and renal involvement
- Neurological manifestations may occur (arenaviruses)



-activation of the coagulation system TNFo monocyte chemotactic protein 1: recruits monocytes ,memory T cells dendritic cells to the sites of inflammation MCP-1 NO Macrophage

contribute to the hypotension, cardiodepression and vascular hyporeactivity

-chemoattractant for neutrophils

Impairs the synthesis of clotting factors

Dissemination to hepatocytes, adrenal cortical cells, fibroblasts = extensive tissue necrosis



Increase permeability of vascular endothelium = easier entry into endothelial cells (2nd target)



Ebola virus

was discovered in 1976 nomenclature: EBOV (Ebola virus) & EVD (Ebola Virus Disease) Ebolavirus genus consists of six species:

> -Zaire -Sudan -Tai Forest -Reston -Bundibugyo -Bombali



Ebola virus



Ebola epidemics in recent years: 2014–2016 West Africa (Zaire virus) 2021 Guinea

Genus	Species	Year	Outbreak location	Human cases (mortality)
Marburgvirus	Lake Victoria marburgvirus	1967 1975 1980 1987 1998-2000 2004-2005 2007 2008 2008	Germany, Yugoslavia South Africa Kenya Kenya Democratic Republic of Congo (DRC) Angola Uganda USA Netherlands	31 (7) 3 (1) ^{a)} 2 (1) 1 (1) 154 (128) 252 (227) 2 (2) 1 (0) ^{b)} 1 (1) ^{c)}
Ebolavirus	Zaire ebolavirus Sudan ebolavirus Cote d'Ivoire ebolavirus	1976 1977 1994 1995 1996 1996-1997 1996 2001-2002 2002-2003 2005 2007 2008-2009 1976 1976 1979 2000-2001 2004 1994	DRC DRC Gabon DRC Gabon Gabon South Africa Gabon, Republic of Congo (RC) RC RC DRC DRC DRC Sudan UK Sudan Uganda Sudan Cote d'Ivoire	$\begin{array}{c} 318 (280) \\ 1 (1) \\ 52 (31) \\ 315 (250) \\ 37 (21) \\ 60 (45) \\ 2 (1)^{40} \\ 122 (96) \\ 178 (158) \\ 12 (9) \\ 264 (187) \\ 32 (15) \\ 284 (151) \\ 1 (0)^{e)} \\ 34 (22) \\ 425 (224) \\ 17 (7) \\ 1 (0) \end{array}$
	Bundibugyo ebolavirus	2007-2008	Uganda	149 (37)



The infection is transmitted mainly by contact - through direct contact of damaged skin or intact mucous membrane with blood, secretions or excretions of a person infected with or who died from hemorrhagic fever

Environmental Survival of EBOV

- In West African climates (28°C, 90% relative humidity), Ebola virus can survive in dried blood for 7 to 10 days
- When dried in tissue culture medium on glass and stored at 4°C, Ebola virus survived for more than 50 days
- Ebola virus suspended in serum can persist in the environment for up to 46 days
- In average West African climates, Ebola virus strain can survive on gloves (<1 hour), cotton and goggles (<24 hours) and other personal protective equipment such as respirators, coveralls and hoods (<72 hours)

EBOV – virus inactivation

Disinfection :

Sensitive to 3% acetic acid, 1% glutaraldehyde, alcohol based products, chlorinated lime (Calcium hypochlorite; normally used for disinfection of drinking water, swimming pool water, surface disinfection)

WHO removal of blood or body fluids from surfaces suggests flooding the area with a 1:10 solution of 5.25% household bleach (i.e. 1 part household bleach diluted in 9 parts water or 0.525% sodium hypochlorite) for 10 minutes

Blood smears: can be inactivated with a 15 minute fixation step with 100% methanol

Heat inactivation

30 - 60 minutes, 60°C

boiling 5 minutes

1 hour with 0.5% Tween-20 at 56°C

Radiation:

gamma irradiation combined with 1% glutaraldehyde

virus moderately sensitive to UVC radiation

Ebola

- infectious dose is 1–10 organisms via aerosol in nonhuman primates
- infectiousness begins at the onset of symptoms, and the risk of transmission is greatest when the viral load is highest
- person-to-person transmission is by direct physical contact with the body fluids of a living or deceased patient source of biological weapons

(CDC Category A) laboratory biosafety level BSL-4



- Broad cell tropism: monocytes, macrophages, dendritic cells, endothelial cells, fibroblasts, hepatocytes, adrenal cortex cells
- The duration of the disease depends on its severity, but recovery usually occurs after four weeks

EBOLA COURSE OF INFECTION

Incubation period 2 to 21 days disease begins with flu-like symptoms 5-7 days of illness a papular rash appears, located in the center, which after 24 hours transforms into large, welldefined, confluent maculopapular lesions, which may even be hemorrhagic

Respiratory system involvement occurs in the form of sore throat, cough and hiccups

Central nervous system involvement: headaches, excessive agitation, fatigue, confusion, coma

The result of impaired integrity of the blood vessel wall is bleeding from the nose, vagina, gums, bloody vomiting, tarry stools and hemoptysis

Other skin symptoms: petechiae and hematomas

Patients infected with Ebola virus die between the 7th and 16th day of illness. Death occurs as a result of multiple organ failure associated with increasing hypotension, DIC and focal tissue necrosis.



Skin sign in the ZEBOV monkey

Ebola virus rash acquired from a laboratory accident



J. ter Meulen; Oxford Textbook of Medicine: Filoviruses (Courtesy of Professor D I H Simpson.)

Hemorrhage and swelling of the face and neck in Marburg hemorrhagic fever



J. ter Meulen Oxford Textbook of Medicine: Filoviruses

(Courtesy: Professor S Stille.)

Fig. 7.5.18.3 Ecchymoses in a patient with Ebola haemorrhagic fever.



J. ter Meulen Oxford Textbook of Medicine: Filoviruses

(Courtesy of Professor D I H Simpson.)

Criteria for the diagnosis of EVD

1.Clinical criteria

temperature>38°C

severe headache, abdominal pain, vomiting, bloody diarrhea (cough may also be a symptom of EVD)

bleeding and hemorrhages of unclear origin

multiple organ failure (rapid course)

Laboratory criteria
Detection of Ebola virus RNA in the patient's biological material
Virus isolation from biological material

3. Epidemiological criterion

Applies to a symptomatic person who stayed in an area of EVD incidence within 21 days before falling ill (A person who had direct contact with a patient, probable case or suspected case of EVD

EVD differential diagnosis

- Tropical malaria
- Typhoid fever
- Ricketsioses
- Other hemorrhagic fevers

VIRUS REPLICATION



Ebola

Leukopenia — lymphopenia, followed by elevated neutrophil counts, with an increased percentage of immature forms

Thrombocytopenia — platelet counts usually reach their nadir around day six to eight of illness

Transaminases — elevated serum levels of aspartate aminotransferase (AST) and alanine aminotransferase (ALT)

Coagulation abnormalities — prothrombin (PT) and partial thromboplastin (PTT) times are prolonged, and fibrin degradation products are elevated, consistent with disseminated intravascular coagulation (DIC)

Renal abnormalities — proteinuria is a common finding, and renal failure occurs with disease progression

observe hand hygiene avoid all contact with sick people or the bodies of deceased people

avoid casual sexual contact

avoid all contact with wild animals (especially monkeys, forest antelope species, rodents, bats), including the bodies of dead animals

do not eat wild animal meat

wash and peel vegetables and fruit thoroughly before eating them

avoid visiting places where bats live

if you become ill during your stay, seek medical advice immediately see a doctor immediately, informing about your travel history if you experience at least one of the symptoms suggesting infection within 21 days of returning from a region where Ebola is reported



breakbone fever



Flaviviridae: Denga breakbone fever

1-2 Days Adult Dengue, countries or areas at risk, 2011 3 Eggs Pupa 2-3 Days Larvae 4-5 Days Countries or areas where dengue has been reported

Aedes aegypti, Aedes albopictus

Africa, America, Eastern Mediterranean, Southeast Asia and Western Pacific

Dengue virus Main reservoir: monkeys

Most common hemorrhagic fever in the world 100 million cases, 128 countries, 30% of patients require hospitalization

Has four serotypes (DEN-1, 2, 3, 4) High immunological variability Infection with any of these serotypes provides full protection against that serotype 2 ADE-dependent antibody enhancement

However, after infection with one serotype, infection with any other may result in exacerbation and more severe disease

ADE mechanism Antibody-dependent enhancement (ADE) of infection

Weakly neutralizing antibodies produced during infection or vaccination cause an amplification of the course of the next infection.

The ADE reaction led to the withdrawal of Sanofi's dengue vaccine, which is widely used in Asia.



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Viral sepsis

Topics for course completion

1. Viral sepsis phenomenon (frequency of occurrence, most common etiological factors)

2. Explain the concept of Antibody-dependent enhancement (ADE) of infection Give examples of the consequences this may have

3. What is the post-exposure procedure and follow-up laboratory testing like after a needlestick or other sharp injury in the case of HBV, HCV and HIV?