



Department of Experimental Dentistry
Head: **Prof. Mieszko Więckiewicz DMD, PhD, DSc**

Wrocław, 05.02.2026 r.

TEMPOROMANDIBULAR DISORDERS
PRACTICAL CLASSES - IV YEAR,
SUMMER SEMESTER, ACADEMIC YEAR 2025/2026

Place: clinical rooms no. PR1 and PR2, 1st floor, 26 Krakowska St.

Time: Friday, 07.45-10.45

Teachers: prof. dr hab. n. med. Mieszko Więckiewicz, lek. dent. Sylwia Orzeszek.

Coordinator: lek. dent. Sylwia Orzeszek.

No	Date	Topic
1.	27.02.2026	Introduction to classes. Interview and examination – discussion. Functional examination demonstration, observed symptoms significance analysis.
2.	06.03.2026	Supplementary examinations necessary for full diagnosis setting. Supplementary examinations results – discussion.
3.	13.03.2026	Anatomical impressions for diagnostic casts of maxilla and mandible and preparing a gypsum casts.
4.	20.03.2026	Face bow application, interocclusal records preparation and cast mounting into semi-adjustable articulator. Discussion on articulator adjusting.
5.	27.03.2026	TEST I
6.	10.04.2026	TMD treatment methods – introduction.
7.	17.04.2026	Stabilization splints in centric occlusion, fabrication and adjustment.
8.	24.04.2026	Repositioning splints, fabrication and adjustment.
9.	08.05.2026	Applied treatment verification. Instrumental analysis of occlusion.
10.	15.05.2026	Instrumental analysis of masticatory system function (condylography, axiography).
11.	22.05.2026	Treatment effects preservation.
12.	29.05.2026	TMD prevention and bruxism.
13.	12.06.2026	TEST II
14.	15.06.2026	Summary of the course, discussion of clinical cases, backlog management, test re-take.
15.	17.06.2026	Practical test of skills of interview and manual examination and taking initial diagnosis. Credits.

Conditions to receive credit for the course:

Knowledge test during clinical classes (multiple choice test and oral response);

Final test (multiple choice test, 20 questions, 60% to pass) – at the end of semester.

Basic literature:

1. Okeson J.: Management of temporomandibular disorders and occlusion. 8th edition. - St. Louis: Elsevier, 2020.
2. Dawson E.: Functional occlusion: from TMJ to smile design, St. Louis: Elsevier Mosby, cop. 2007.
3. Sessle B.: Orofacial Pain: Recent Advances in Assessment, Management and Understanding of Mechanisms, IASP 2015.

Additional literature and other materials:

1. Avidan A.: Review of sleep medicine. - Fourth edition. - Philadelphia: Elsevier, copyright 2018.
2. Basetti C., Dogas Z., Peigneux P.: Sleep Medicine Textbook for ECRN Members, European Sleep Research Society, 2014.
3. Manfredini D.: Current concepts on temporomandibular disorders / - London : Quintessence Publishing, copyright 2010.