

### **Important: updated recommendations**

Experts of the crisis management team at our university have prepared an updated set of recommendations to help us find ourselves in the current epidemic situation.

The recommendations were prepared on the basis of the information contained in the Regulation of the Ministry of Health of 8 October 2020 on the organisational standard of health care of a patient suspected of being infected or infected with SARS-CoV-2.

**In the case of suspicion of SARS-CoV-2 infection, you should contact a primary care physician or a doctor providing health care services in the entity conducting medical activity as regards hospital services**

### **A patient suspected of being infected:**

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1. A primary care physician or a doctor providing health care services in the entity conducting medical activity as regards hospital services (to whom the Voivode or the minister responsible for health matters, acting respectively on the basis of Art. 10 paragraph 2 point 1 letter b, Art. 11 paragraph 1 or Art. 11 paragraph 2 and 4 of the Act of 2 March 2020 on specific solutions related to the prevention, counteraction and eradication of COVID-19, other infectious diseases and crisis situations caused by them (Dz. U.) [Journal of Laws], item 374, as amended 1)) has issued an order to provide a bed or beds for patients suspected of being infected with SARS-CoV-2 virus (1st level hospital) issues a referral for examination) takes measures to prevent the spread of the disease caused by SARS-CoV-2 infection (COVID-19), including providing the patient with health care services:

- Assessment of the patient's health:

a) medical interview and physical examination

or

b) consultation via phone

- In situations justified by the state of health:

a) orders the performance of diagnostic tests, including a molecular RT-PCR test for SARS-CoV-2

b) after obtaining a positive test result, orders the patient to:

- isolate: either at home or

-hospital, if hospital treatment is necessary.

In the case of a patient who is able to move on their own, the doctor referred to in point 1 **provides the patient with information about testing sites where the examination can be performed** and instructs the patient not to use public transport.

If the patient is referred for isolation at home, the primary care physician provides the patient, **not earlier than on the 8th day of isolation**, with a consultation or a consultation via phone, during which the patient's health is assessed.

If it is necessary to extend the period of isolation at home of a patient with symptoms, the primary care physician informs the patient about the expected date of the end of the isolation period and about the necessity of another consultation or consultation via phone on the last day of the isolation period.

The **primary care physician** decides on a possible further extension of the period of isolation at home.

The isolation at the home ends with the consultation or consultation via phone conducted by a **primary care physician on the last day of the extended period of isolation, during which the physician decides not to extend further the isolation period.**

**A patient infected with SARS-CoV-2:**

The doctor referred to in point 1 refers the patient:

1) to undergo isolation or isolation at home;

or

2) to a hospital (2nd level) obliged to treat patients infected with SARS-CoV-2 who require hospital treatment; in the case of a patient infected with SARS-CoV-2 who requires specialist hospital treatment for diseases other than COVID-19 - to a hospital (3rd level) obliged to treat patients with diseases other than COVID-19. In the case of a patient who is not able to move on their own or whose health condition justifies it, the doctor orders them transportation.

The doctor referred to in point 1. at the same time, reports the infection or suspected infection to the sanitary-epidemiological station. The station's employee contacts the patient via phone to establish contacts and impose quarantine on people who had contact with the patient.

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**a primary care physician or a doctor providing health care services in the entity conducting medical activity as regards hospital services**

**Developed on the basis of: REGULATION OF THE MINISTRY OF HEALTH of 8 October 2020 on the organisational standard of health care of a patient suspected of being infected or infected with SARS-CoV-2 (full text: <https://isap.sejm.gov.pl/isap.nsf/DocDetails.xsp?id=WDU20200001749>)**

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**takes measures to prevent the spread**

**of the disease caused by SARS-CoV-2 infection (COVID-19), including providing the patient with health care services:**

✓ **Assessment of the patient's health:**

- a) a) medical interview and physical examination

or

- b) consultation via phone

✓ **In situations justified by the state of health:**

a) orders the performance of diagnostic tests, including a molecular RT-PCR test for SARS-CoV-2

b) after obtaining a positive test result, refers the patient to:

- undergo isolation: either at home or
- hospital, if hospital treatment is necessary.

In the case of a patient who is able to move on their own, the doctor referred to in point 1 **provides the patient with information about testing sites** where the examination can be performed and instructs the patient not to use public transport.

**If the patient is referred for isolation at home, the primary care physician provides the patient, not earlier than on the 8th day of isolation, with a consultation or a consultation via phone, during which the patient's health is assessed**

If it is necessary to extend the period of isolation at home of a patient with symptoms, the primary care physician informs the patient about the expected date of the end of the isolation period and about the necessity of another consultation or consultation via phone on the last day of the isolation period.

**The primary care physician** decides on a possible further extension of the period of isolation at home.

**The isolation at the home ends with the consultation or consultation via phone conducted by a primary care physician on the last day of the extended period of isolation, during which the physician decides not to extend further the isolation period.**

**A patient infected with SARS-CoV-2:**

The doctor referred to in point 1 refers the patient to:

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or

- 2) a hospital (2nd level) obliged to treat patients infected with SARS-CoV-2 who require hospital treatment;

in the case of a patient infected with SARS-CoV-2 who requires specialist hospital treatment for diseases other than COVID-19 - to a hospital (3rd level) obliged to treat patients with diseases other than COVID-19.

In the case of a patient who is not able to move on their own or whose health condition justifies it, the doctor orders them transportation.

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