



Syllabus for academic year: 2021/2022 Training cycle: 2019/2020-2025/2026													
Description of the course													
Course	Medical psychology with elements of interpersonal communication										Group of detailed education results		
											Group code D	Group name Behavioural and social sciences with elements of professionalism	
Faculty	Faculty of Medicine												
Major	medicine												
Level of studies	<input checked="" type="checkbox"/> uniform magister studies <input type="checkbox"/> 1 st degree studies <input type="checkbox"/> 2 nd degree studies <input type="checkbox"/> 3 rd degree studies <input type="checkbox"/> postgraduate studies												
Form of studies	<input checked="" type="checkbox"/> full-time <input type="checkbox"/> part-time												
Year of studies	III						Semester:	<input checked="" type="checkbox"/> winter <input type="checkbox"/> summer					
Type of course	<input checked="" type="checkbox"/> obligatory <input type="checkbox"/> limited choice <input type="checkbox"/> free choice / optional												
Language of study	<input type="checkbox"/> Polish <input checked="" type="checkbox"/> English												
Number of hours													
Form of education													
	Lectures (L)	Seminars (SE)	Auditorium classes (AC)	Major Classes – not clinical (MC)	Clinical Classes (CC)	Laboratory Classes (LC)	Classes in Simulated Conditions (CSC)	Practical Classes with Patient (PCP)	Foreign language Course (FLC)	Physical Education (PE)	Vocational Practice (VP)	Directed Self-Study (DSS)	E-learning (EL)
Winter semester:													
Department of Humanities and Social Sciences , Department of Medical Humanities and Social Sciences (Dep. in charge of the course)													
Direct (contact) education ¹		30											
Distance learning ²													
Summer semester:													

¹ Education conducted with direct participation of university teachers or other academics

² Education with applied methods and techniques for distance learning

..... (Dep. in charge of the course)														
Direct (contact) education														
Distance learning														
TOTAL per year:														
Department of Humanities and Social Sciences , Department of Medical Humanities and Social Sciences (Dep. in charge of the course)														
Direct (contact) education		30												
Distance learning														
Educational objectives (max. 6 items)														
C1. to familiarize students with basic knowledge about the mind-body connection														
C2. to sensitize for patients' needs;														
C3. to develop basic communication skills														
C4. to develop social competences needed to practice the medical profession, in accordance with graduate's profile.														
Education result for course in relation to verification methods of the intended education result and the type of class:														
Number of detailed education result	Student who completes the course knows/is able to		Methods of verification of intended education results		Form of didactic class <i>*enter the abbreviation</i>									
D.W5.	student knows the principles and methods of communication with the patient and his/her family to build an empathic, trusting relationship		presentation; case study; training		SE									
D.W6.	student explains the importance of verbal and non-verbal communication in communication with the patient and the concept of trust in interaction with the patient		presentation; case study; training		SE									
D.W7.	student understands the psychosocial consequences of hospitalisation and chronic illness		presentation; discussion		SE									
D.W9.	student knows the basic psychological mechanisms of human functioning in health and in sickness		oral response; group project; debate		SE									
D.W11.	student describes the issue of the adaptation of the patient and his/her family to the illness as a difficult situation and to related events, including dying and the process of family grieving		presentation; case study		SE									
D.W12.	student explains student explains the role of stress in the etiopathogenesis and course of diseases and coping mechanisms		oral response		SE									
D.W13.	student knows the mechanisms, aims and treatment of addiction to psychoactive substances		critical analysis of literature		SE									
D.W15.	student describes the principles of motivating the patient towards healthy behaviour and informing about an unfavourable prognosis		presentation; discussion; case study		SE									
D.U5.	student interviews an adult patient, a child and a family using active listening techniques and expressing empathy, and talk to the patient about their life situation		case study; discussion		SE									



D.U7.	student has the ability to involve the patient in the therapeutic process	case study; discussion	SE
D.U8.	student has the ability to inform the patient and his/her family of the poor prognosis	presentation; case study	SE
D.U9.	student provides advice on compliance with therapeutic recommendations and a healthy lifestyle	presentation; discussion	SE
D.U11.	student applies basic psychological motivational and supportive interventions	presentation; case study	SE
D.U12.	student communicates with colleagues, providing feedback and support	discussion	SE

* L- lecture; SE- seminar; AC- auditorium classes; MC- major classes (non-clinical); CC- clinical classes; LC- laboratory classes; CSC- classes in simulated conditions; PCP- practical classes with patient; FLC- foreign language course; PE- physical education; VP- vocational practice; DSS- directed self-study; EL- E-learning

Student's amount of work (balance of ECTS points):

Student's workload (class participation, activity, preparation, etc.)	Student Workload
1. Number of hours of direct contact:	30
2. Number of hours of distance learning:	
3. Number of hours of student's own work:	15
4. Number of hours of directed self-study	n/a
Total student's workload	45
ECTS points for course	1,5

Content of classes: (please enter topic words of specific classes divided into their didactic form and remember how it is translated to intended educational effects)

Seminars

1. Medical psychology as a field of science
2. Holistic vs. biomedical health model
3. Emotion and behavior; mechanism: emotion-stress-disease; psychoneuroimmunology
4. Adequate and inadequate ways of coping with stress; mechanism of addiction.
5. Illness representations
6. Verbal communication: communication workshops
7. Calgary-Cambridge guide. Initiating the session
8. Examining a patient: gathering information
9. Giving results: explaining results in a way that patients can understand and remember
10. Planning: shared decision making
11. Closing the interview; adherence to treatment
12. Breaking bad news: SPIKES protocol
13. Motivational interviewing; psychological intervention types
14. Communicating with challenging patients; attitude toward CAM; cross-cultural communication
15. Assessment

Basic literature (list according to importance, no more than 3 items)

1. Silverman J, Kurtz S, Draper J : Skills for Communicating with Patients, 3rd Edition, Radcliffe Medical Press Ltd, 2013
2. Cole S, Bird J.: The medical interview (third edition),Saunders, 2014.
3. Holmes E, Hughes DA, Morrison V L: Predicting adherence to medications using health psychology theories: a systematic review of 20 years of empirical research, *Value in Health*, 2014, 17(8), 863-876.

Additional literature and other materials (no more than 3 items)

1. Feldman Barrett L. "How emotions are made? The secret life of the brain", Macmillan, New York 2017.
2. Janowski K. Biopsychosocial aspects of health and disease. Lublin : Centrum Psychoedukacji i Pomocy Psychologicznej, 2009.

Preliminary conditions: (minimum requirements to be met by the student before starting the course)
Completed a summer apprentice.

Conditions to receive credit for the course: (specify the form and conditions of receiving credit for classes included in the course, admission terms to final theoretical or practical examination, its form and requirements to be met by the student to pass it and criteria for specific grades)

To get a credit for the course it is required to prepare 1 group project and to show active participation in seminars. The assessment of the student's activity during classes consists of participation in discussions, participation in communication activities, preparing a written report. The final grade is the sum of grades from the project and **the activity during the seminars**, divided by 2. The student will obtain a passing grade if he/she completes the above tasks in 50% (minimum). **In case the minimum is not achieved, an oral or written final colloquium is required.** The rules of the test: the test is graded; 3 open questions, each question carries 3 points, the maximum is 9 points. Pass mark: min. 5 points. The test takes place during the last classes. Students' absences and topics not completed by students due to the rector or dean hours must be made up in the form of an essay, report (oral or written), or presentation. The teacher will indicate the form in which the absence will be made up.

Grade:	Criteria for courses ending with a grade ³
Very Good (5.0)	Accomplishment of intended education results with inclusion of all crucial aspects [>90%]
Good Above (4.5)	Accomplishment of intended education results with inclusion of all crucial aspects with minor errors or imprecisions [81-90%]
Good (4.0)	Accomplishment of intended education results with omission of some less important aspects [66-80%]
Satisfactory Plus (3.5)	Accomplishment of intended education results with omission of some important aspects or with material imprecisions [51-65%]
Satisfactory (3.0)	Accomplishment of intended education results with omission of some relevant aspects or with substantial imprecisions [50%]

Department in charge of the course:	Department of Humanities and Social Sciences Department of Medical Humanities and Social Sciences
Department address:	Mikulicza - Radeckiego 7 50-368 Wrocław
Telephone:	71 784 14 96, 71 784 01 02
E-Mail:	sekretariatzhnl@umed.wroc.pl

Person in charge for the course:	dr hab. Jarosław Barański
Telephone:	71 784 14 96
E-Mail:	jaroslaw.baranski@umed.wroc.pl

List of persons conducting specific classes:

Name and surname	Degree/scientific or professional title	Discipline	Performed profession	Form of classes
Aleksandra Zarek	PhD		psychologist	SE

³ The verification must cover all education results, which are realized in all form of classes within the course



Remigiusz Szczepanowski	PhD		psychologist	SE
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Date of Syllabus development

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Syllabus developed by

Agnieszka Olchowska-Kotala.

Signature of Head(s) of teaching unit(s)

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Dean's signature

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Uniwersytet Medyczny we Wrocławiu
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NAUK LEKARSKICH
kierownik
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